

Coverage for preventive services



As a result of health care reform, your plan now includes 100% coverage for in-network preventive services. This means that you no longer have to pay copays, coinsurance, or deductibles when these services are billed as preventive care.

The complete list of covered preventive services is listed below.

Preventive Evaluation and Management/Counseling
Alcohol misuse behavioral counseling intervention
Behavioral dietary counseling for patients with Hyperlipidemia
Counseling children on the use of oral fluoride when primary water source is a deficient source
Counseling patients on the prevention of sexually transmitted infections
Counseling patients on the use of aspirin for the prevention of cardiovascular disease
Counseling pregnant patients on daily supplement of folic acid
Counseling on tobacco use and tobacco-caused disease
Diabetes self-management training
Discussion of chemoprevention for patients at high risk for breast cancer
Initial preventive physical exam (IPPE)
Nutritional counseling for weight management
Obesity counseling and behavioral interventions
Pediatric and adult preventive exams
Preventive GYN exams
Primary care interventions to promote breastfeeding

Prescription drugs (For customers with IBC prescription drug coverage only)
Folic acid supplementation
Iron supplementation
Oral fluoride supplementation

Immunizations
Diphtheria, Tetanus, Pertussis (DTaP)
Hepatitis A
Hepatitis B
Human Papillomavirus (HPV)
Inactivated Poliovirus
Influenza
Measles, Mumps, Rubella (MMR)
Meningococcal
Pneumococcal
Rotavirus
Varicella

This list is subject to change. Services may be subject to frequency and/or gender guidelines.

Not all plans have 100% coverage for preventive services. If not, preventive services may be subject to cost-sharing. Please check your summary of benefits, member handbook, and/or benefit booklet to determine if you have 100% coverage for in-network preventive services.

Coverage is subject to the terms and conditions of the applicable benefit plan. Individual benefits must be verified.

Screenings and tests

Adult aortic aneurysm screening
Alcohol misuse screening
Asymptomatic bacteriuria screening
Breast/Ovarian cancer – genetic risk assessment and BRCA mutation testing
Cervical cancer screening (Pap smear)
Chlamydial infection screening
Cholesterol screening
Colorectal cancer screening (colonoscopy, fecal occult blood testing, and sigmoidoscopy)
Complete Blood Count (CBC) to check the red and white blood cell levels
Congenital hypothyroidism screenings
Depression screening
EKG screening for Initial Preventive Physical Exam
Glaucoma screening
Gonorrhea screening
Hearing loss screening
Hemoglobin/Hematocrit testing for red blood cells
High blood pressure screening
HIV screening
Iron deficiency anemia screening
Lead Poisoning screening
Major depressive disorders screening
Mammogram
Obesity screening
Osteoporosis screening (bone mineral density testing)
Phenylketonuria (PKU) screening
Prostate Cancer screening – Digital Rectal Exam (DRE)
Prostate Specific Antigen (PSA) screening
Rh (D) (blood typing and antibody testing) incompatibility screening
Rubella Titer testing
Sickle Cell Disease screening
Syphilis Infection screening
Thyroid Function testing
Type 2 Diabetes Mellitus screening
Urinalysis testing
Visual impairment screening

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